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ABSTRACT

This book provides teachers with insights for using research to improve their teaching, offering a career-long conversation between a world-renowned researcher and an excellent teacher with considerable professional physical education (PE) experience. It includes 30 summaries of studies on elementary PE instruction, class management, program design, and workplace conditions and offers tips for navigating the typical research report. It also highlights differences between the vantage points of the researcher and the teacher, noting how to find common groups. The book covers new teaching strategies, measurement instruments, and program alternatives. Ten sections focus on: (1) "The Basics: Numbers, Time, Space, Equipment, and Behaviors"; (2) "Managing the Class"; (3) "Interactions Among Students"; (4) "Strategies for Teaching and Learning"; (5) "The Voices of Students"; (6) "Teachers in the Workplace: Training, Experience, and Context"; (7) "Assessment as Part of Teaching"; (8) "The SPARK Studies: A Program for Teachers and Children"; (9) "Reviewing Studies of the Effects of Physical Education"; and (10) "The Trois-Rivieres Studies: Long-Term Effects of Physical Education." Annotated bibliographies are appended. (Contains 91 references.) (SM)

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